

CURRICULUM VITAE (CV)  
TAYEBEH NEGAHBAN BONABI



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**ADDRESS**

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**TAYEBEH NEGAHBAN BONABI**

Assistant Professor of Community Health Nursing,

Department of Community Health Nursing,

School of Nursing and Midwifery,

Rafsanjan University of Medical Sciences,

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## PERSONAL INFORMATION

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Last Name            Negahban Bonabi

First Name           Tayebeh

Date of Birth         22.4.1971

Citizenship          IRANIAN

Place of birth        BONAB (EAST AZARBAIJAN PROVINCE)

Sex                    FEMALE

Marital Status       MARRIED

Child                  2

## ACADEMIC PERFORMANCE

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Academic Position      Academic member of Community Health Nursing

Academic Degree      Assistant Professor

University      Rafsanjan University of Medical Sciences

Research Center      Social Determinants of Health

ORCID:      0000-0001-9096-5647

Google scholar Profile: <https://scholar.google.com/citations?user=M4V7q8gAAAAJ&hl=en>

Researcher ID:      H-6831-2017

## EDUCATIONS

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### High school:

High school diploma 1989

Field: Biology

Country: IRAN

### Undergraduate:

Field Nursing 1990-1994

University: Shahroud University of Medical Sciences

Country: IRAN

### Postgraduate:

Master Degree: Community Health Nursing 2002-2004

University: Kerman University of Medical Sciences

Ph.D. Nursing Education 2012-2015

University: Kerman University of Medical Sciences

Country: IRAN

## EXPERIENCES

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1. Staff Nurse, Fatemi nia Pediateric Hospital, Qom, Tehran University of Medical Sciences, 1995-1997
2. Staff Nurse, Ali ebn Abitaleb Hospital, Rafsanjan University of Medical Sciences, 1997-1998
3. Instructor at department of maternal and neonatal health, Nursing school, Rafsanjan University of Medical Sciences, 1998-2004
4. Instructor at Department of pediatric and neonatal nursing, Nursing school, Rafsanjan University of Medical Sciences, 1990-2008
5. Instructor at department of community health nursing, nursing school, Rafsanjan University of Medical Sciences, 2008-now
6. Head of department of Maternal and Neonatal Nursing Nursing School, Rafsanjan University of Medical Sciences, 1998-2004
7. Head of Department of Community Health Nursing Nursing school, Rafsanjan University of Medical Sciences, 2004-2012
8. Director of EDC, Rafsanjan University of Medical Sciences, 2000-2001
9. Director of post graduate education, nursing school, Rafsanjan University of Medical Sciences, 2003-2005

## WORKSHOP AND TRAINING COURSES

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1. Educational in medical sciences Seminar ,Rafsanjan University of Medical Sciences
2. The First Inter-University Clinical Research Conference, Rafsanjan University of Medical Sciences
3. Student counseling workshop. Vice chancellor for health, Rafsanjan University of Medical Sciences
4. Medical Education, Rafsanjan University of Medical Sciences
5. Research Needs Assessment, Rafsanjan University of Medical Sciences
6. Research Design (Research Method) Foundation & Supplementary Course, Rafsanjan University of Medical Sciences
7. Complementary Evaluation Training, Rafsanjan University of Medical Sciences
8. Teaching and Education in the Department of Medicine, Rafsanjan University of Medical Sciences
9. Application and Provision of Educational Materials, Rafsanjan University of Medical Sciences
10. Power point workshop
11. SPSS Workshop
12. Community Development Research Workshop,
13. Course of Administrative Techniques (Computer, Internet, ... (Information and Communication(
14. Priority Setting Workshop, Rafsanjan University of Medical Sciences
15. Publisher Software Workshop, Rafsanjan University of Medical Sciences
16. Excell Software Application Workshop, Rafsanjan University of Medical Sciences
17. Second Period of Special Knowledge Scheme of Faculty Members of Iran University of Medical Sciences, Mashhad University of Medical Sciences
18. Qualitative Research Workshop, Rafsanjan University of Medical Sciences
19. Nano Technology Workshop in Medicine, Rafsanjan University of Medical Sciences

20. Workshop of Thoughts of Faculty Members, Rafsanjan Universities
21. Student Counseling Workshop Rafsanjan University of Medical Sciences
22. Workshop on Religion and Politics
23. Nursing Challenges Seminar, Kerman,
24. Andishe Workshop
25. Professional Ethics Workshop
26. Workshop on Nervous System Processes in Learning
27. Nursing Process Workshop
28. Breastfeeding Workshop
29. Max Q Data Workshop, Kerman University of Medical Sciences
30. Kerman Qualitative Interview Principles
31. Principles of Islamic Education and Professional Scientific Ethics
32. Consulting Techniques (Empowering Teachers)
33. The Political Thought of Islam and the Foundations of the Revolution
34. Identification of intellectual currents after the revolution
35. Team-based teaching
36. Principles of Qualitative Research Interview
37. The Increasing Knowledge of "Lifestyle"
38. The Exaggerated Epistemology of Post-Revolutionary Intellectual Flows"
39. The Political Thought of Islam and the Foundations of the Revolution 2/3/91
40. Strategies to strengthen the role of consulting professor
41. Ethics in Research and Ethics in Publishing Research Works
42. The Role of Teachers in the Cultural and Social Development of Students
43. Islamic Epistemology 2
44. Teaching techniques and methods
45. Professional Ethics (1)
46. Master level of cultural exemplar
47. Responding to religious doubts
48. Waiting strategy
49. The Role of Media Literacy in Family Consultation
50. Principles of Islamic Education (2)
51. Principles of Islamic Education (3(
52. History of Islamic Science and Civilization (1)
53. The Ways of Human Spiritual Growth According to the Quran

54. The Basics of Holy Defense
55. Economics and Oil
56. Islamic life style
57. Prophetic life style
58. Memories of sacred defense and bondage
59. New Approaches to Teaching
60. Ethics in Research and Ethics in Publishing Scientific Works
61. English essay writing
62. Submit a CV to Google scholar
63. Teaching techniques and methods
64. Advisory Professors
65. Special teaching method for faculty members
66. Advanced research method for faculty members
67. Workshop on the process of approval and review of research projects in research system
68. Workshop on Educational Transformation Plan
69. Navid System Introductory Workshop
70. The First National Seminar on Academic Student Research

## **MEETING AND CONGRESS**

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1. National Conference on Nursing Theories, lecture, Zanjan, 2000
2. Medical Sciences Research Conference in Islam, Lecture, Kerman, 2000
3. Nursing Conference on Mood Disorders. Lecture, Tabrize, 2000
4. Congress on the Study of Aging Issues in Iran and the World, lecture, Tehran. 2002
5. The use of Quran's concepts in human rehabilitation. Tehran, 2002
6. National Seminar on Mental Health of Medical Students, Poster, Tehran. 2004
7. The teachings of religion and the health of the body, Lecture, Semnan. 2005
8. The first congress of art therapy in Iran, Lecture, Tehran, 2006
9. Second Health Conference on the Teachings of the Supreme Prophet, Lecture, Rafsanjan, 2007



10. Conference on Normal Delivery, Lecture, Tabriz,2007
11. Conference on the Role of Women in Health System Development, Lecture  
Kermansh, 2010
12. E-learning Conference, Poster, Poster, Tabriz, 2010
13. National Congress on Family Health, Poster, Ahvaz,2010
14. 4th International Congress on Psychopharmacology, Poster, Lecture, Turkish,2011
15. 5th Electronic Learning Congress in Medical Education, Poster, Kerman, 2011
16. Congress of Quran Studies and Medicine, Lecture, Rafsanjan, 2011
17. Congress of Quran Studies and Medicine, Poster, Ardabil,2012
18. The first international congress on health and wellbeing, Poster lecture, Esfahan, 2012
19. Nursing and midwifery quality of care improvement strategies, Poster, Yazd,2013
20. Fifth International Nursing & Midwifery Conference on Women Health and  
Wellbeing, Poster, 2014
21. Paramedical Sciences, Poster, Rafsanjan, 2015
22. Fourth National Conference on Nursing and Midwifery Quality Improvement  
Solutions. Poster, Yazd, 2015
23. International congress on innovation in education, Lecture, Kuala Lumpur, Malaysia,  
2017

## RESEARCH ARTICLES

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- Patient Safety in ICU. The Role of Family Member's Participation in Nursing Care in Patient Safety? A Randomized Controlled Clinical Audit  
N Zeinadini, Z Riyahi Paghaleh, A Ansari Jaber, T Negahban Bonabi  
Journal of Patient Safety & Quality Improvement 2024; 12 (1), 3-9

- Natural Sounds in Management of Elderly Sleep Quality: A Randomized Controlled Trial  
A Ansari Jaber, Z Sahebi, T Negahban Bonabi, P Allahbakhshinasab  
Journal of Occupational Health and Epidemiology 2023;12 (4), 213-219.

Effect of Collaborative Care on Fear of Disease Progression in Multiple Sclerosis Patients:  
A Randomized Controlled Trial  
M Ebrahimi, AA Jaber, TN Bonabi  
Journal of Nursing and Midwifery Sciences 2023; 10 (4)

- Effects of Rosemary Oil on Osteoarthritis Symptoms in the Elderly: A Double-Blind Randomized Controlled trial  
A Haydari, AA Jaber,SH Seyed Bagheri, T Negahban Bonabi\*(corresponding author)  
JOHE, 2022

- The effect of family member's presence during teaching rounds on their anxiety in cardiac intensive care unit

- F Zamani, AA Jaber, T Negahban Bonabi\*(corresponding author)  
J Nurs Midwifery Sci, 2022

High school basic life support training: Is the trainer's experience of cardiopulmonary resuscitation in the actual setting important? A randomized control trial  
A Sanati, AA Jaber, TNegahban Bonabi \*(corresponding author)

Journal of Education and Health Promotion 2022, 11 (1), 165

Can Nurses' Informatics Competency Predict Their Professional Competency?

A Ansari Jaber, Z Sahebi, Z Riahi Paghaleh, K Ansari Jaber, T Negahban Bonabi\*  
(corresponding author)

Journal of Occupational Health and Epidemiology 2022,11 (1), 41-47

The effect of acupressure at LI4 point on pain and anxiety during abortion: a double-blind randomized, controlled clinical trial

Z Sahebi, T Negahban Bonabi\*(corresponding author)

International Journal of Obstetric, Gynecology and Infertility; 2022

Self-Management of Pain and Fatigue in Major Thalassemia

A Dakalirad, AA Jaber, T Negahban Bonabi\*(corresponding author)

International Journal of Pediatrics-Mashhad ; 2022, 10 (1), 15240-15251

Effectiveness of smartphone-based medication reminder application on medication adherence of patients with essential hypertension: A clinical trial study

SM Torkabad, T Negahban Bonabi, S Heidari

Journal of Nursing and Midwifery Sciences;2020, 7 (4), 219

Effect of family presence during teaching rounds on patient's anxiety and satisfaction in cardiac intensive care unit: A double-blind randomized controlled trial

AA Jaber, F Zamani, AE Nadimi, T Negahban Bonabi\*(corresponding author)

Journal of Education and Health Promotion 9 (1), 22

Comparison the Effect of Active Cyclic Breathing Technique and Routine Chest Physiotherapy on Pain and Respiratory Parameters After Coronary Artery Graft Surgery: A Randomized ...

AS Derakhtanjani, AA Jaber, S Haydari, T Negahban Bonabi\* (corresponding author)

Anesthesiology and Pain Medicine 2020, 9 (5)

Comparison the effect of trained and untrained family presence on their anxiety during invasive

procedures in an emergency department: A randomized controlled trial

ZF Alireza, AJ Ali, T Negahban Bonabi\*(corresponding author)

Turkish Journal of Emergency Medicine 2019, 19 (3), 100-105

- ❑ Comparing the effect of family presence and their training before presence on patient's anxiety during invasive nursing procedures in the emergency department: a randomized ...  
A Ansari Jaber, A Zarei Fathabadi, A Mehdipour, T Negahban Bonabi\*(corresponding author)  
Avicenna Journal of Nursing and Midwifery Care 2019, 27 (5), 0-0
- ❑ Massage Therapy in Management of Occupational Stress in Emergency Medical Services Staffs: a Randomized Controlled Trial M Mahdizadeh, AA Jaber, T Negahban Bonabi\*(corresponding author)  
International Journal of Therapeutic Massage & Bodywork 2019, 12 (1), 16
- ❑ Effect of Acupressure on Pain Severity in Patients Undergoing Coronary Artery Graft: A Randomized Controlled Trial M Narimani, AA Jaber, T Negahban Bonabi\*(corresponding author)  
Anesthesiology and pain medicine 2018, 8 (5)
- ❑ Comparison the effect of Acupressure at Li4 and SP6 points on Post Cesarean Pain  
T Negahban Bonabi, AA Jaber, Esmeilzadeh Sh, Hasanshahi, A  
.. IJOGI, 2018, Vol. 21, No. 6, pp. 9-17
- ❑ Effect of self-acupressure on fasting blood sugar (FBS) and insulin level in type 2 diabetes patients: a randomized clinical trial A Zarvasi, AA Jaber, T Negahban Bonabi\*(corresponding author), M Tashakori  
Electronic physician 2018, 10 (8), 7155
- ❑ The association between health literacy and self-medication behaviors among women referred to comprehensive health care centers in Sirjan, Iran, in 2017  
S Mousaeipour, A Ansari Jaber, T Negahban Bonabi\*(corresponding author)  
Journal of Occupational Health and Epidemiology 2018, 7 (2), 103-111
- ❑ The role of maternal health literacy in breastfeeding pattern  
N Mirjalili, AA Jaber, KA Jaber, T Negahban Bonabi\*(corresponding author)  
Journal of Nursing and Midwifery Sciences 2018, 5 (2), 53

- ❑ The effect of natural sounds on the anxiety of patients undergoing coronary artery bypass graft Surgery MJ Amiri, T Sadeghi, TN Bonabi Perioperative Medicine 2017, 6 (1), 17
- ❑ Jamaat prayer encouraging factors from viewpoints of students and staff of Nursing, Midwifery and paramedic faculty of Rafsanjan in 2010  
A Ansari, R Vazirinejad, G Rafiee, S Dayyani, T Negahban Bonabi  
Community Health Journal 2017, 6 (1), 15-23
- ❑ Iranian Women Health Information Seeking Process: A Grounded Theory  
TNegahban Bonabi, AA Jaber  
Advances in Education Sciences 2017, Volume 13, 159
- ❑ Improving Nursing Students Perceived Self-efficacy in CPR, through Peer-led Educational Method  
N Mirjalili, TNegahban Bonabi, \*(corresponding author) MB Sharifabad, AA Jaber  
Advances in Education Sciences 2017, Volume 13, 86
- ❑ Nurses' job satisfaction and their perceived organizational justice in Kerman University of Medical Sciences: an evaluation for the Iranian health system transformation plan  
T Negahban, A Ansari Jaber, H Manssouri JOHE, 2017
- ❑ Suicide attempt and related factors among referring to Ali Ebn-e Abitaleb hospital during 2006-2007  
A Ansari, A Khodadadi, AR Sayadi, T Negahban, M Allahtavakoli  
Community Health Journal 2017, 5 (1), 38-44
- ❑ Does Student's Preferred Studying Environment related with their Perceptual learning style preference?  
T Negahban \*(corresponding author), A Ansari Community Health Journal 2017, 6 (3), 9-16
- ❑ Maternal affectivity and their infants feeding pattern among referrers to health care centers in Rafsanjan in 2011. A Ansari Jaber, T Negahban Bonabi \*(corresponding author), M Kazemi  
Journal of Rafsanjan University of Medical Sciences 2015, 14 (1), 47-56

- ❑ Women empowerment through health information seeking: a qualitative study  
 AN Nasrabadi, S Sabzevari, T Negahban Bonabi\*(corresponding author)  
 International journal of community based nursing and midwifery 2015,3 (2), 105
- ❑ Iranian women's experiences of health information seeking barriers: a qualitative study in Kerman  
 AN Nasrabadi, S Sabzevari, TNegaqghan Bonabi\*(corresponding author)  
 Iranian Red Crescent Medical Journal 2015,17 (2)
- ❑ Iranian Women's Motivations for Seeking Health Information: A Qualitative Study  
 NA Nikbakht, JA Ansari, T Negahban  
 Jundishapur of Chronic Disease Care 2015, 4 (4), 35-40
- ❑ Sources of Women's Health Information: A Qualitative Study  
 TNegahban Bonabi. \*(corresponding author) Sabzevari, A. Nikbakht  
 J Qual Res Health 2015, 3 (4), 349-62
- ❑ Assessment of students' self-directed learning readiness in Rafsanjan University of Medical Sciences in 2012: An approach to assess the effectiveness of higher education  
 Negahban T\*(corresponding author), Ansari A  
 Journal of Medical Education and Development 2014 8 (4), 47-54
- ❑ Internal Evaluation of Nursing Course in Rafsanjan University of Medical Sciences  
 M Shahabinejad, A Ansari, T Negahban, M Halakoi, A Soltani, S Alidalaki, ...  
 Journal of Rafsanjan University of Medical Sciences 2013, 12 (5), 353-364
- ❑ Protective effect of hydro alcoholic extract of Teucrium polium on Mercuric chloride-induced nephrotoxicity  
 N Mashayekhi, H Baniassadipoor, M Essmaeili, F Ayoobi, H Rezazadeh, T Negahban  
 Journal of Shahrekord Uuniversity of Medical Sciences 2013,15
- ❑ The opinions of students in Rafsanjan University of Medical Sciences about studying in digital And printed environments. T Negahban Bonabi, A Ansari

Strides in Development of Medical Education 2012, 8 (2), 124-131

- ❑ Effect of Teucrium polium extract on skin wound healing in rat.  
M Alahtavakoli, R Vazirinejad, A Ansari Jaber, T Negahban, ...  
Hormozgan Medical Journal 2012,16 (1), 17-24
- ❑ Women Strategies for Handling Household Detergents in Radsanjan:  
T Negahban, A Ansari  
Journal of Rafsanjan University of Medical Sciences, 2012,10
- ❑ The relation between primary dysmenorrhea and spontaneous preterm labor in primiparous women in Rafsanjan  
T Negahban Bonabi\*(corresponding author), M Rezaian, M Jamali, A Ansari Jaber  
The Iranian Journal of Obstetrics, Gynecology and Infertility 2012,14 (7), 37-43
- ❑ Passive smoking during pregnancy and obstetric outcomes in pregnant women referring to Rafsanjan Nicknafs hospital  
T Negahban\*(corresponding author), M Rezaeian, JA ANSARI, Z Asami, T Zareei  
Journal of Rafsanjan University of Medical Sciences 2011, 9 ...
- ❑ Knowledge and Attitude toward Delivery Methods among pregnant Women in Rafsanjan  
T. Negahban\*(corresponding author), S. Mohammad alizadeh  
Community health 2010, 3 (3), 37-42
- ❑ Assessment of nurses opinions regarding risk factors of patient safety and medication errors and role of environmental factors, among Rafsanjan university hospitals during 2007  
FZ Heidari Sh, Negahban T  
Community Health Journal 2010,4 (3), 57-64
- ❑ Does fear of childbirth predict emergency cesarean section in primiparous women?  
T Negahban\*(corresponding author), A Ansari  
Journal of Hayat 2009, 14 (4), 73-81

- ❑ Physical Growth and Nutritional Status of Toddlers in Rafsanjan  
AZ F.Abdoli, T. Negahban, Community health 2009, 2 (4), 25-31
- ❑ Comparison of Mental health Score in Athletic and Nonathletic Medical Students in Rafsanjan in 2009  
A. Ansari, T.Negahban  
Community health journal 2009,3 (2), 36-42
- ❑ The Effect of the Sun and Moon Status and Seasonal Variation on psychiatric Crisis in Rafsanjan in 2003  
AS M. Khaksari, T. Negahban, A. Ansari  
Community health 2008, 2 (2), 18-23
- ❑ Investigation of glucose-6-phosphate dehydrogenase deficiency in Rafsanjan, Autumn 2004  
S Alidalaki, T Negaban, M Halakoei,  
Journal of Rafsanjan University of Medical Sciences 2006 ...
- ❑ Importance of Compliance of Lesson Plan and It's Obstacles  
T Negahban\*(corresponding author), F. abdoli, A. Ansari  
community health nursing2007, 1 (1), 43-48
- ❑ Prevalence of Postpartum Depression in Rafsanjan in 2007  
T. Negahban, A. Sayadi, A. Ansari  
Community health journal 2007,1 (2), 30-35
- ❑ The Effect of Ramadan Fasting on Psychological Health and Depression in Sirjan Azad University  
M Kazemi, S Karimi, A Ansari, T Negahban, SH Hosseini, R Vazirinejad  
Journal of Rafsanjan University of Medical Sciences2006, 5 (2), 117-122
- ❑ The preferred delivery method and influenced factors from view of pregnant women referred to Rafsanjan city health and treatment units and clinics  
T Negahban\*(corresponding author), A Ansari Jaberei, M Kazemi  
Rafsanjan Uni Med Sci J 2006, 5 (3), 161-168
- ❑ The effect of the Koran reciting on the depressed patients in psychiatry department of Moradi hospital in Rafsanjan



A Ansari, T Negahban, AAR Sayyadi, HP Aghmohamad Hssani

Scientific Journal of Kurdistan University of Medical Sciences 10 (236), 42-48

- The Opinions Of Student's in Rafsanjan University of Medical Sciences about Studying in Digital a  
T Negahban, A Ansari

Studies in development of medical education, 8 (2), 125-131